



Ten Ways to Contribute to ONE

- 1. Sign the ONE Declaration.** Join the ONE Campaign by signing your name to the Declaration or going to ONE.org. From there, you will be notified of updates and urgent actions in which you can take part.
- 2. Involve your friends and family.** Now that you're a ONE member, tell your friends and family about ONE and why they should get involved. Make copies of the ONE Declaration and encourage them to sign up. You can continually update them on what you're doing with ONE and encourage them to join in.
- 3. Start or Join a ONE Group in your community.** Throughout the country, ONE groups are popping up in communities from Bismarck, North Dakota to Los Angeles, California. These groups bring together people who want to volunteer for ONE and get their community involved. Join an existing group or start your own.
- 4. Build the ONE presence in your area.** Now that you have your friends and family involved and are part of a ONE group, look for ways that you can take the ONE message out into the larger community. Perhaps you could reach out to your local church or college campus. Also, look for community events like farmer's markets, festivals, and local concerts to set up a ONE table at and get people signed up for ONE.
- 5. Attend or Organize a ONE event.** Events are a great way to bring people together to learn more about ONE issues and advocate on their behalf. If there are events in your community, go check them out – you can learn more, meet other ONE supporters, and get more involved in the campaign. If there aren't any events planned in your community, work with your ONE group or your friends and family to organize an event – perhaps a movie night, an event with a speaker, or book club to get started.
- 6. Write a Letter to the Editor:** Write a letter to your local newspaper about the ONE campaign. ONE can help you with crafting your letter. These letters can let people in your community know about ONE.
- 7. Send a letter or make a call to a Member of Congress.** By being on the ONE list, you will know up-to-date information of when is the best time to send a letter or make a call to Congress either via our online tools or by printing out the sample letter and writing your own letter and sending it to your Member of Congress. You can find your Member of Congress's information at www.house.gov or www.senate.gov.
- 8. Organize a letter writing or call-in to Member of Congress.** While ONE person making a call to Congress is a great way to let your Member of Congress know that you care about global poverty and AIDS, getting everyone you know to do the same is even more powerful. Organize a call-in or letter writing campaign in your community to demonstrate ONE's presence.
- 9. Organize a Meeting with Member of Congress.** Setting up a meeting with a Member of Congress or their staff is the most effective way to let your representatives know that their constituents are concerned about extreme global poverty and AIDS and want them to do more. There are tools to help you schedule and conduct a meeting at ONE.org.
- 10. Ask candidates questions at forums.** When a candidate for office is in your community, ask them where they stand on global poverty and AIDS. Wear your ONE shirt and let them know that Americans care about ONE's issues and want to know where they stand. While one person going and asking questions is great, taking five of your friends or your local ONE group to an event with candidates present gives them an even stronger message that they should pay attention to ONE's issues.